

**Led By
The
Spirit**



What is difficult about relying on the Spirit?



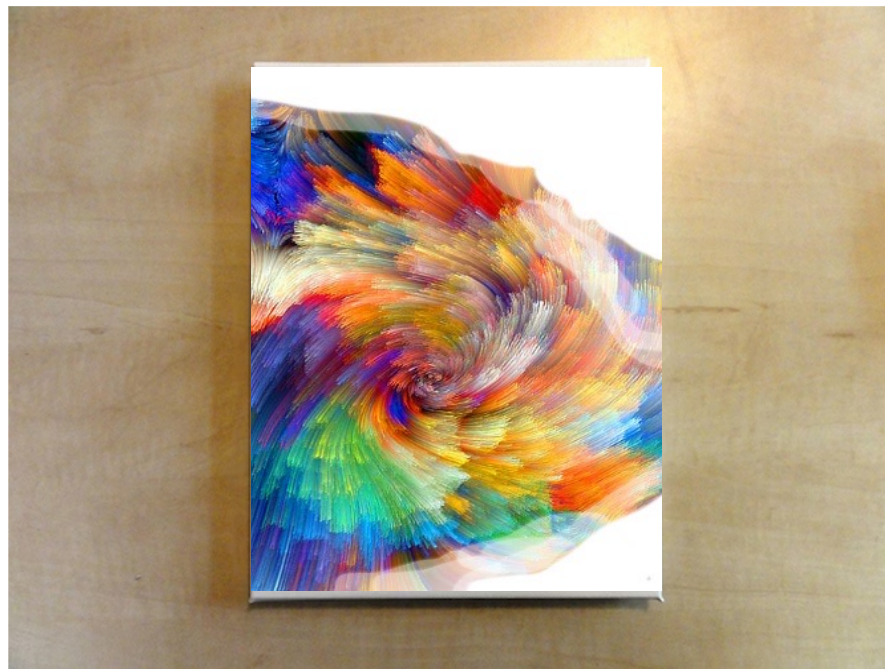
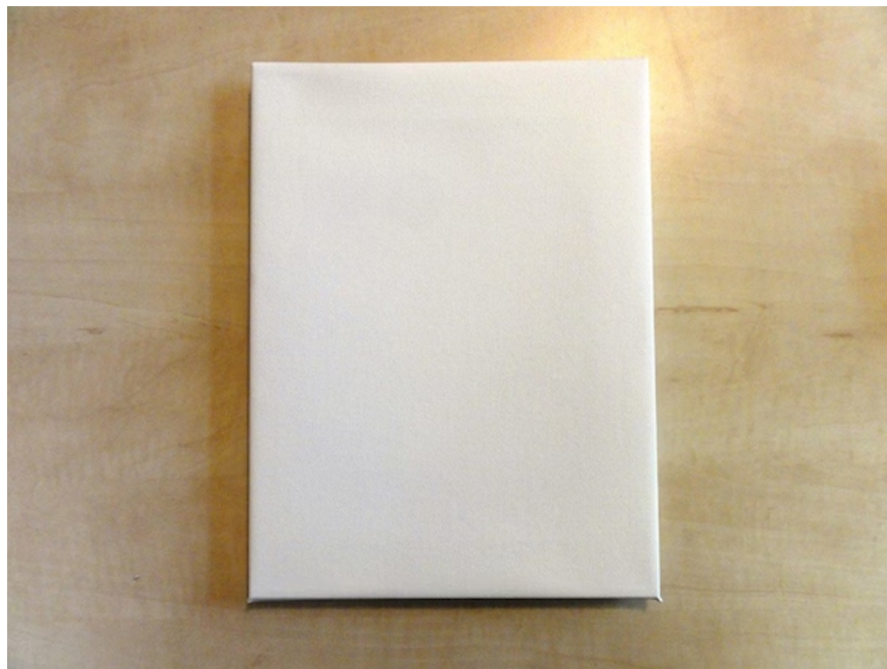
The Artist Example



Our need to rely on the Spirit

“A teacher of gospel truths is not planting something foreign or even new into an adult or a child. Rather, the missionary or teacher is making contact with the Spirit of Christ already there. The gospel will have a familiar “ring” to them.” - President Boyd K. Packer, “The Light of Christ,” April 2005 Ensign.

“Even before they were born, they, with many others, received their first lessons in the world of spirits and were prepared to come forth in the due time of the Lord to labor in his vineyard for the salvation of the souls of men.” - D&C 138:56



The Need to Prepare

“Behold, you have not understood; you have supposed that I would give it unto you, when you took no thought save it was to ask me. But, behold, I say unto you, that you must study it out in your mind; then you must ask me if it be right, and if it is right I will cause that your bosom shall burn within you; therefore, you shall feel that it is right.” - D&C 9:7-8

“Having the guidance of the Holy Ghost in your life requires spiritual work... Seek to have the Spirit with you through prayer, searching the scriptures, and keeping your covenants.”

Preparing to Rely on the Spirit



- Meaningful Prayers
- TG Scriptures on Christ
- Daily, speedy repentance
- Obeying the 17 Points
- 26 week study plan
- Inspired Schedule



- One Minute Drills
- Role Plays
- Ghana Kumasi Mission Toolbox
- Exchanges

Now that I've prepared, now what?

Relying on the Spirit while seeking first to understand

1. Observe
2. Listen
3. Discern
4. Ask Inspired Questions
5. Invite
6. Follow-up

See “Elder Bednar’s 6-key Teaching Principles,” Ghana Kumasi Mission Toolbox

1. Observe: Quick to Observe

“People also communicate through their body language. Notice the way they sit, their facial expressions, what they do with their hands, their tone of voice, and where they are looking. Observing these unspoken messages can help you understand the feelings of those you teach.”

- Being quick to observe does not mean you are quick to address.
- Being quick to observe allows the Spirit more information to work with.



2a. Listening to the person: Condescend



- Don't look down on people; instead, try to understand at their level
- You need to view the situation through their eyes
- Ask yourself questions such as, "If I were them, how would I feel?"
- The Spirit is then able to help you understand how that person feels. Once you understand how they feel, the Spirit can customize a plan for addressing their need.

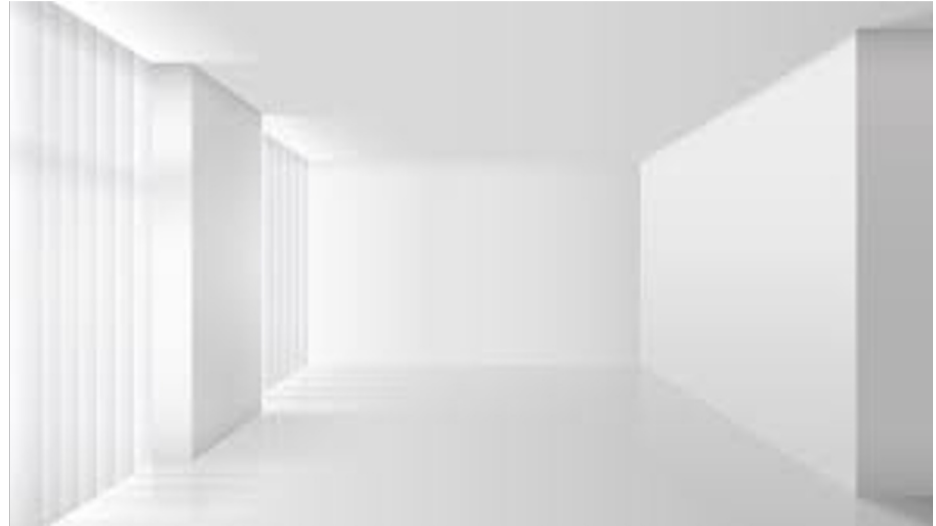
2b. Listening to the Spirit: Clear your mind

“Neither take ye thought beforehand what ye shall say; but treasure up in your minds continually the words of life, and it shall be given you in the very hour that portion that shall be meted unto every man.” - D&C 84:85

PMG Chapter 4, “Rely on the Spirit” p. 108 & PMG Chapter 10, “Teach by the Spirit” p. 180

2b. Listening to the Spirit: Clear your mind

- If you are preoccupied with other motives, goals, or needs, you will completely miss the influences of the Spirit.
- You may be deaf to impressions because you are preoccupied with other things
- You must resist the temptation to rely on your own strength.



PMG Chapter 4, “Rely on the Spirit” p. 108 & PMG Chapter 10, “Teach by the Spirit” p. 180

3. Discern: Gift of Discernment

“If people have question or concerns, first seek to understand them clearly. Sometimes people’s concerns are like an iceberg. Only a small part is visible above the surface. These concern can be complex. Pray for the gift of discernment, and follow the Spirit in how you respond. Heavenly Father knows the hearts and experiences of all people (the complete iceberg). He will help you know what is best for each person.”

- PMG Chapter 10, “Understand the Concern” p. 194



3. Discern: Gift of Discernment



- “[The gift of discernment] includes perceiving the true character of people.” - Guide to the Scriptures.
- This gift of the Spirit is available to us as we earnestly seek it through prayer.
- To discern, we need to listen with our hearts.

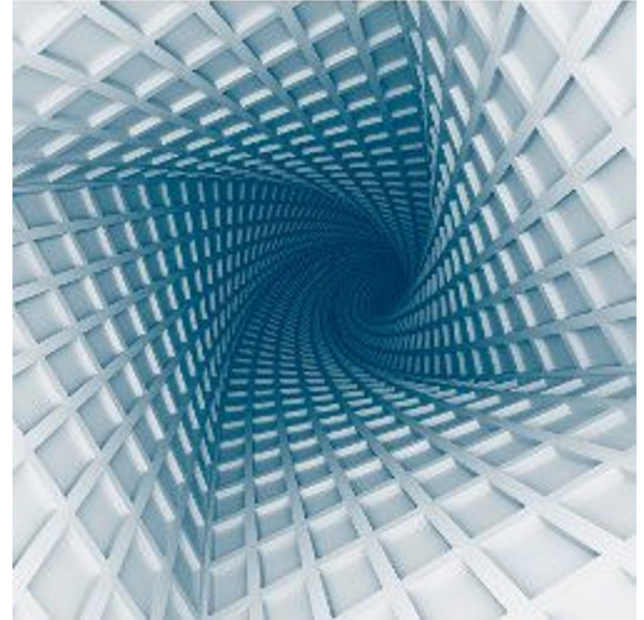
4. Ask Inspired Questions: Go one level deeper

“Seek to understand the source of the concern by asking questions and listening. Did the concern arise because the person does not have a spiritual confirmation of the truth of the restoration? Did it arise because the person does not want to commit to living a gospel principle? Knowing the root of their concern will help you know whether to focus on testimony or commitment.”

- PMG Chapter 10, “Understand the Concern” p. 194

4. Ask Inspired Questions: Go one level deeper

- We need to resist the urge to teach.
- As we go deeper, it causes the individual to realize things they didn't realize before
- This is the process through which the investigator begin to understand themselves and allows them to come with open palms.



Let's Watch and See

A Word of Caution

- Falling into a pattern is relying on your own strength.
- There is no “one principle fits all” in the 40 PMG Principles.
- Ultimately, the only way to rely on the Spirit is to always seek its direction and influence.



Role Play

Scenario: You meet Sis. Afia at her house. She is a seamstress who works from home. She is single, she has a daughter, and they live together. She is not active in her church, but she goes some of the time and doesn't have a position.

Engage with Sister Afia and practice these elements:

- 1) Quick to Observe
- 2) Condescend
- 3) Clear Your Mind
- 4) Gift of Discernment
- 5) One Step Deeper

Invitations

- Ponder the true relationship that exists between you, the Spirit, truth, and those we meet.
- Practice your role as a “paintbrush.”
- Calm down. Slow down. Listen with your heart.
- Practice using the elements of being quick to observe, condescending, clearing your mind, using the gift of discernment, and going one level deeper in order to rely on the Spirit.