

PMG Chapter 1 Fulfill Your Missionary Purpose				PMG Chapter 2 Search the Scriptures and put on the Armor of God			
WEEK 1	<input type="checkbox"/> Jan. 1-7   CFM: Introductory pages	WEEK 2	<input type="checkbox"/> Jan. 8-14   CFM: 1 Nephi 1-5	WEEK 3	<input type="checkbox"/> Jan. 15-21   CFM: 1 Nephi 6-10	WEEK 4	<input type="checkbox"/> CFM Jan. 22-28   CFM: 1 Nephi 11-15
<input type="checkbox"/>	Study 10 verses on Jesus Christ, Advocate - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Atonement through - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Light of the World - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Exemplar - memorize 1 verse
<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ
<input type="checkbox"/>	Complete ISAP in PMG on p. 15	<input type="checkbox"/>	Complete ISAC in PMG on p. 15	<input type="checkbox"/>	Complete ISAP in PMG on p. 23	<input type="checkbox"/>	Complete ISAC in PMG on p. 23
<input type="checkbox"/>	Journal at least 3x this week	<input type="checkbox"/>	Journal at least 4x this week	<input type="checkbox"/>	Journal at least 5x this week	<input type="checkbox"/>	Journal at least 6x this week
<input type="checkbox"/>	Study SFT: Safeguard 1 - Be in Tune	<input type="checkbox"/>	Study SFT: Safeguard 2 - Be Focused	<input type="checkbox"/>	Study SFT: Safeguard 3 - Be Disciplined	<input type="checkbox"/>	Study SFT: Safeguard 4 - Be One
<input type="checkbox"/>	Serve or teach at least 5 members this week (20 min max each)	<input type="checkbox"/>	Serve or teach at least 7 members this week (20 min max each)	<input type="checkbox"/>	Serve or teach at least 9 members this week (20 min max each)	<input type="checkbox"/>	Serve or teach at least 11 members this week (20 minutes max each)
<input type="checkbox"/>	Activate a FamilySearch or Family Tree account and input at least one name	<input type="checkbox"/>	Contact at least two people in PMG App previously taught	<input type="checkbox"/>	Read the Book of Mormon with an Investigator	<input type="checkbox"/>	Setup your own GL Study Plan
1-Minute Drills & Role Plays	<b>The Invitation to be baptized and Confirmed</b>	1-Minute Drills & Role Plays	<b>Follow the Prophet</b>	1-Minute Drills & Role Plays	<b>Priesthood and Church Organizations</b>	1-Minute Drills & Role Plays	<b>The Falling Away</b>
	God is our Loving Heavenly Father		God reveals His Gospel through Prophets in every dispensation		Jesus Christ's Earthly Ministry and Atonement		Our Life on Earth
	<b>Premortal life: God's purpose and Plan for us</b>		<b>The Creation</b>		<b>The Fall of Adam and Eve</b>		<b>Pray Often</b>
	The Gospel Of Jesus Christ Blesses all of God's Children		The Divine Mission of Jesus Christ		Faith in Jesus Christ		Study the Scriptures
Toolbox Study	Finders of the Elect	Toolbox Role Play	The Nature of God and Man	Toolbox Role Play	Profiling for Barriers	Toolbox Role Play	Profiling for Needs and Discerning Spiritual Sensitivity
PMG Chapter 3 Introduction: Study and Teach the Gospel of Jesus Christ				PMG Chapter 4 Seek and Rely on the Spirit			
WEEK 5	<input type="checkbox"/> Jan. 29–Feb. 4   CFM: 1 Nephi 16–22	WEEK 6	<input type="checkbox"/> Feb. 5–11   CFM: 2 Nephi 1–2	WEEK 7	<input type="checkbox"/> Feb. 12–18   CFM: 2 Nephi 3–5	WEEK 8	<input type="checkbox"/> Feb. 19–25   CFM: 2 Nephi 6–10
<input type="checkbox"/>	Study 10 verses on Jesus Christ, Judge - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Teaching Mode - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Good Shepherd - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Messenger of the Covenant - memorize 1 verse
<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ
<input type="checkbox"/>	Complete Scripture Study in PMG on p. 27	<input type="checkbox"/>	Complete Scripture Study in PMG on p. 27	<input type="checkbox"/>	Complete ISAP in PMG on p. 110-111	<input type="checkbox"/>	Complete ISAC in PMG on p. 111
<input type="checkbox"/>	Study SFT: 1. What if I am vulnerable?	<input type="checkbox"/>	Study SFT: 2. Be Aware/Acknowledge	<input type="checkbox"/>	Study SFT: 3. Choose to Act	<input type="checkbox"/>	Study SFT: 4. Learn and Improve
<input type="checkbox"/>	Member work / Journal everyday	<input type="checkbox"/>	Member work / Journal everyday and Exercise at least 10 min 6x	<input type="checkbox"/>	Member work / Journal everyday and Exercise at least 15 min 6x	<input type="checkbox"/>	Member work / Journal everyday and Exercise at least 20 min 6x
<input type="checkbox"/>	Help a recent convert input their parents into FamilySearch or Family Tree	<input type="checkbox"/>	Set appointments with at least two people in PMG App previously taught	<input type="checkbox"/>	Have a recent convert read the Book of Mormon with an investigator	<input type="checkbox"/>	Help at least 2 investigators and 2 recent converts use "study plan" in GL
1-Minute Drills & Role Plays	<b>The Atonement of Jesus Christ</b>	1-Minute Drills & Role Plays	<b>Baptism: Our First Covenant with God</b>	1-Minute Drills & Role Plays	<b>The Restoration of the Gospel of Jesus Christ through Joseph Smith</b>	1-Minute Drills & Role Plays	<b>The Book of Mormon: Another Testament of Jesus Christ</b>
	Repentance		Live the Law of Chastity		The Spirit World		The Resurrection, Salvation, and Exaltation
	<b>The Two Great Commandments</b>		<b>Keep the Law of Tithing</b>		<b>Temple and Family History Work for Deceased Ancestors</b>		<b>Fasting and Fast Offerings</b>
	Sharing the Gospel		Obey the Word of Wisdom		Temples, the Endowment, Eternal Marriage, and Eternal Families		Marriage and Families
Toolbox Role Play	Kumasi Flow	Toolbox Role Play	Teaching Covenants	Toolbox Role Play	Extending Inspired Invitations	Toolbox Role Play	Profiling for Needs and Discerning Spiritual Sensitivity

PMG Chapter 5 The power of the Book of Mormon				PMG Chapter 6 Seek Christlike Attributes			
WEEK 9	<input type="checkbox"/> Feb. 26–March 3   CFM: 2 Nephi 11–19	WEEK 10	<input type="checkbox"/> March 4–10   CFM: 2 Nephi 20–25	Week 11	<input type="checkbox"/> March 11–17   CFM: 2 Nephi 26–30	Week 12	<input type="checkbox"/> March 18–24   CFM: 2 Nephi 31–33
<input type="checkbox"/>	Study 10 verses on Jesus Christ, Mission of - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Second Comforter - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Lamb of God - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Glory - memorize 1 verse
<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ
<input type="checkbox"/>	Complete ISAP in PMG on p. 121	<input type="checkbox"/>	Complete ISAC in PMG on p. 121	<input type="checkbox"/>	Complete ISAP in PMG on p. 135	<input type="checkbox"/>	Complete ISAC in PMG on p. 135
<input type="checkbox"/>	Member work / Journal Everyday and Exercise at least 25 min 6x	<input type="checkbox"/>	Member work / Journal everyday and Exercise for 30 min 6x	<input type="checkbox"/>	Member work / Journal everyday and Exercise for 30 min 6x	<input type="checkbox"/>	Member work / Journal everyday and Exercise for 30 min 6x
<input type="checkbox"/>	Help another recent convert input their parents into FamilySearch or Family Tree	<input type="checkbox"/>	Teach at least one investigator found in PMG App	<input type="checkbox"/>	Have a recent convert / member read the Book of Mormon with an investigator	<input type="checkbox"/>	Help at least two more members setup and use "study plan" in GL
1-Minute Drills & Role Plays	Pray to Know the Truth through the Holy Ghost	1-Minute Drills & Role Plays	Judgment and Kingdoms of Glory	1-Minute Drills & Role Plays	The Invitation to be Baptized and Confirmed	1-Minute Drills & Role Plays	Follow the Prophet
	The Gift of the Holy Ghost		Endure to the End		God is our Loving Heavenly Father		God Reveals His Gospel through Prophets in Every Dispensation
	Obey and Honor the Law		Keep the Ten Commandments		Premortal life: God's Purpose and Plan for us		The Creation
	Service		Keep the Sabbath Day Holy		The Gospel Of Jesus Christ Blesses all of God's Children		The Divine Mission of Jesus Christ
Toolbox Role Play	Introducing the Book of Mormon	Toolbox Role Play	Questions of the Soul	Toolbox Role Play	Profiling for Barriers	Toolbox Role Play	Profiling for Needs and Discerning Spiritual Sensitivity
PMG Chapter 7 Learn Your Mission Language				PMG Chapter 8 Accomplish the Work through Goals and Plans			
Week 13	<input type="checkbox"/> March 25–31   CFM: Easter	Week 14	<input type="checkbox"/> April 1–7   CFM: Jacob 1–4	Week 15	<input type="checkbox"/> April 8–14   CFM: Jacob 5–7	WEEK 16	<input type="checkbox"/> April 15–21   CFM: Enos–Words of Mormon
<input type="checkbox"/>	Study 10 verses on Jesus Christ, Relationship with the Father - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Types in Anticipation - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Resurrection - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Mediator - memorize 1 verse
<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ
<input type="checkbox"/>	Complete ISAP in PMG on p. 144	<input type="checkbox"/>	Complete ISAC in PMG on p. 144-145	<input type="checkbox"/>	Complete ISAP in PMG on p. 155	<input type="checkbox"/>	Complete ISAC in PMG on p. 155
<input type="checkbox"/>	Daily: Member work / Journal / Exercise	<input type="checkbox"/>	Daily: Member work / Journal / Exercise	<input type="checkbox"/>	Daily: Member work / Journal / Exercise	<input type="checkbox"/>	Daily: Member work / Journal / Exercise
<input type="checkbox"/>	Help a recent convert prepare 2+ names for the Temple	<input type="checkbox"/>	Contact at least two people in PMG App previously taught	<input type="checkbox"/>	Use "Nuture" in PMG App to "Send Inspiration"	<input type="checkbox"/>	Follow-up with 2+ members / investigators who have a study plan
1-Minute Drills & Role Plays	Priesthood and Church Organizations	1-Minute Drills & Role Plays	The Falling Away	1-Minute Drills & Role Plays	The Atonement of Jesus Christ	1-Minute Drills & Role Plays	Baptism: Our First Covenant with God
	Jesus Christ's Earthly Ministry and Atonement		Our Life on Earth		Repentance		Live the Law of Chastity
	The Fall of Adam and Eve		Pray Often		The Two Great Commandments		Keep the Law of Tithing
	Faith in Jesus Christ		Study the Scriptures		Sharing the Gospel		Obey the Word of Wisdom
Toolbox Role Play	Kumasi Flow	Toolbox Role Play	The Nature of God and Man	Toolbox Role Play	Planning & Goal-Setting	Toolbox Role Play	Questions of the Soul

PMG Chapter 9 Find People to Teach				PMG Chapter 10 Teach to Build Faith in Jesus Christ			
WEEK 17	<input type="checkbox"/> April 22–28   CFM: Mosiah 1–3	WEEK 18	<input type="checkbox"/> April 29–May 5   CFM: Mosiah 4–6	WEEK 19	<input type="checkbox"/> May 6–12   CFM: Mosiah 7–10	WEEK 20	<input type="checkbox"/> May 13–19   CFM: Mosiah 11–17
<input type="checkbox"/>	Study 10 verses on Jesus Christ, King - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Redeemer - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Divine Sonship - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Trials - memorize 1 verse
<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ
<input type="checkbox"/>	Complete ISAP in PMG on p. 177	<input type="checkbox"/>	Complete ISAC in PMG on p. 177-178	<input type="checkbox"/>	Complete ISAP in PMG on p. 199	<input type="checkbox"/>	Complete ISAC in PMG on p. 199
<input type="checkbox"/>	AML: Read and discuss General Principles for Managing Stress	<input type="checkbox"/>	AML: Read and discuss Resources for Managing Physical Demands	<input type="checkbox"/>	AML: Read and discuss Resources for Managing Emotional Demands	<input type="checkbox"/>	AML: Read and discuss Resources for Managing Social Demands
<input type="checkbox"/>	Daily: Member work / Journal / Exercise	<input type="checkbox"/>	Daily: Member work / Journal / Exercise	<input type="checkbox"/>	Daily: Member work / Journal / Exercise	<input type="checkbox"/>	Daily: Member work / Journal / Exercise
<input type="checkbox"/>	Help another recent convert prepare 2+ names for the temple	<input type="checkbox"/>	Set appointments with at least two people in PMG App previously taught	<input type="checkbox"/>	Have a recent convert / member read the Book of Mormon with an investigator	<input type="checkbox"/>	Follow-up with 2+ members / investigators who have a study plan
1-Minute Drills & Role Plays	The Restoration of the Gospel of Jesus Christ through Joseph Smith	1-Minute Drills & Role Plays	The Book of Mormon: Another Testament of Jesus Christ	1-Minute Drills & Role Plays	Pray to Know the Truth through the Holy Ghost	1-Minute Drills & Role Plays	Judgment and Kingdoms of Glory
	The Spirit World		The Resurrection, Salvation, and Exaltation		The Gift of the Holy Ghost		Endure to the End
	Temple and Family History Work for Deceased Ancestors		Fasting and Fast Offerings		Obey and Honor the Law		Keep the Ten Commandments
	Temples, the Endowment, Eternal Marriage, and Eternal Families		Marriage and Families		Service		Keep the Sabbath Day Holy
Toolbox Role Play	Profiling for Barriers	Toolbox Study	9 Points of Finding	Toolbox Role Play	Teaching Covenants	Toolbox Study	Elder Bednar's 6-key Teaching Principles
PMG Chapter 11 Help People Make and Keep Commitments				PMG Chapter 12 Help People Prepare for Baptism and Confirmation			
WEEK 21	<input type="checkbox"/> May 20–26   CFM: Mosiah 18–24	WEEK 22	<input type="checkbox"/> May 27–June 2   CFM: Mosiah 25–28	WEEK 23	<input type="checkbox"/> June 3–9   CFM: Mosiah 29 – Alma 4	WEEK 24	<input type="checkbox"/> June 10–16   CFM: Alma 5–7
<input type="checkbox"/>	Study 10 verses on Jesus Christ, Savior - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Taking His name - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Power - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Jehovah - memorize 1 verse
<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ
<input type="checkbox"/>	Complete ISAP in PMG on p. 208	<input type="checkbox"/>	Complete ISAC in PMG on p. 208	<input type="checkbox"/>	Complete ISAP in PMG on p. 217	<input type="checkbox"/>	Complete ISAC in PMG on p. 217
<input type="checkbox"/>	AML: Resources for Managing Intellectual Demands	<input type="checkbox"/>	AML: Resources for Managing Spiritual Demands	<input type="checkbox"/>	Read and Discuss Chapter 1 in Missionary Standards	<input type="checkbox"/>	Read and Discuss Chapter 2 in Missionary Standards
<input type="checkbox"/>	Daily: Member work / Journal / Exercise	<input type="checkbox"/>	Daily: Member work / Journal / Exercise	<input type="checkbox"/>	Daily: Member work / Journal / Exercise	<input type="checkbox"/>	Daily: Member work / Journal / Exercise
<input type="checkbox"/>	Help 2 more recent converts / members prepare 2+ names for the temple	<input type="checkbox"/>	Teach at least one person found in the PMG App previously taught	<input type="checkbox"/>	Use "Nuture" in PMG App to "Send Inspiration"	<input type="checkbox"/>	Talk to 2 investigators and 2 members about the impact of their GL study plan
1-Minute Drills & Role Plays	The Invitation to be baptized and Confirmed	1-Minute Drills & Role Plays	Follow the Prophet	1-Minute Drills & Role Plays	Priesthood and Church Organizations	1-Minute Drills & Role Plays	The Falling Away
	God is Our Loving Heavenly Father - memorize 1 verse		God Reveals His Gospel through Prophets in Every Dispensation - memorize 1 verse		Jesus Christ's Earthly Ministry and Atonement - memorize 1 verse		Our Life on Earth
	Premortal life: God's purpose and Plan for us		The Creation		The Fall of Adam and Eve		Pray Often
	The Gospel Of Jesus Christ Blesses all of God's Children		The Divine Mission of Jesus Christ		Faith in Jesus Christ		Study the Scriptures
Toolbox Role Play	The Nature of God and Man	Toolbox Role Play	Extending Inspired Invitations	Toolbox Role Play	Introducing the Book of Mormon	Toolbox Role Play	Profiling for Needs and Discerning Spiritual Sensitivity

PMG Chapter 13 Unite with Members and Leaders to Establish the Church				Suggested Daily Goals	1) Find one new prepared person 2) Visit one recent convert 3) Serve your companion	Suggested Weekly Goal	Journal Review of Progress on Sunday evening
WEEK 25	<input type="checkbox"/> June 17–23   CFM: Alma 8–12	WEEK 26	<input type="checkbox"/> June 24-30   CFM: Alma 13-16				
<input type="checkbox"/>	Study 10 verses on Jesus Christ, Millennial Reign - memorize 1 verse	<input type="checkbox"/>	Study 10 verses on Jesus Christ, Authority - memorize 1 verse	<b>Key:</b> CFM = Come Follow Me ISAP = Ideas for Study & Application, Personal Study ISAC = Ideas for Study & Application, Companionship Study SFT = Safeguards for Using Technology TG = Topical Guide AML = Adjusting to Missionary Life GL = Gospel Library		<b>Weekly Review Questions:</b> 1. How you have seen your faith in Jesus Christ grow over the past week? 2. On a scale of 1-10 (10 is highest) how would you rate your competency level? 3. What do you need to improve on? 4. How confident are you as a missionary to find, teach and baptize the Elect? 5. Where have you made the greatest improvement?	
<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ	<input type="checkbox"/>	Write a summary of learnings from the study of the 10 scriptures on Christ				
<input type="checkbox"/>	Complete ISAP in PMG on p. 225	<input type="checkbox"/>	Complete ISAC in PMG on p. 225-226				
<input type="checkbox"/>	Read and Discuss Chapter 3 in Missionary Standards	<input type="checkbox"/>	Read and Discuss Chapters 4-5 in Missionary Standards				
<input type="checkbox"/>	Daily: Member work / Journal / Exercise	<input type="checkbox"/>	Daily: Member work / Journal / Exercise				
<input type="checkbox"/>	Read and discuss "Becoming a Consecrated Missionary" in companionship study	<input type="checkbox"/>	Read and discuss "Lock Your Heart" in companionship study	This Mission wide improvement program is for all missionaries who have completed their first 12 weeks of training. Upon completing the 12 week program, trainers and trainees are to join this program starting with the same week the rest of the mission is studying. Each chapter in Preach My Gospel is to again be read and reviewed and studied. This will be done over a two week period. Each missionary companionship is to study the Come Follow Me program. A recommended time is 9:00 - 9:30 pm, but "when" can be determined by the companionship. Each individual missionary is to pick 10 scriptures from the Topical Guide (TG) on the subject "Jesus Christ" category, and then read, study, and write a brief summary in their study journal of what they learned. One of the 10 scriptures should be memorized each week. District Council Instruction will focus on the topic that missionaries have studied over the last week and will follow the following format: 1) Each missionary picks one of their ten scriptures and creates one inspired question relating to the scripture. 2) The instructor will then ask a member of the council to share their scripture and their question (not their insights). 3) The council members will then discuss that question meaning each person comes prepared with their scripture and their question. Some district councils may only get to two or three questions in the time they have. The spirit of unity and love will invite the Spirit to reveal new truths regarding the questions discussed to the entire council. On zone conference weeks, instruction will be in zone conference by the Mission President or Assistants. Companionships are to practice the four "1-minute drills" listed for each week. The two in bold should be role played as if teaching an investigator. The two not in bold will then be practiced in District Council. The District Council Role Play or Topic Review will come from the Toolbox. (See the District Council agenda and calendar for additional information). District Leaders, Sister Training Leaders, Zone Leaders, and Assistants should review the progress of each missionary on this program during companionship exchanges.			
1-Minute Drills & Role Plays	<b>The Atonement of Jesus Christ</b>	1-Minute Drills & Role Plays	<b>Baptism: Our First Covenant with God</b>				
	Repentance		Live the Law of Chastity				
	<b>The Two Great Commandments</b>		<b>Keep the Law of Tithing</b>				
	Sharing the Gospel		Obey the Word of Wisdom				
Toolbox Role Play	Kumasi Flow	Toolbox Role Play	Teaching Covenants				