

Remember, Remember.

“And now, my sons [and my daughters], **remember, remember** that it is upon the rock of our Redeemer, who is Christ, the Son of God, that ye must build your foundation; that when the devil shall send forth his mighty winds, yea, his shafts in the whirlwind, yea, when all his hail and his mighty storm shall beat upon you, it shall have no power over you to drag you down to the gulf of misery and endless wo, because of the rock upon which ye are built, which is a sure foundation, a foundation whereon if men build they cannot fall.” - Helaman 5:12

This chapter in the Book of Helaman uses the word “remember” 15 times! There is no question about his message. Verse 12 quoted above is the most famous, but there are other important “remember” phrases in the chapter.

For they remembered the words which their father Helaman spake unto them. v. 5

- ...remember to keep the commandments of God. v. 6
- ...remember your names (who they were). v. 6
- ...remember their works and know they were good (referencing Lehi and Nephi who first came out of Jerusalem) v. 6
- ...remember, remember the words which king Benjamin spake v. 6
- ...remember there is no other way nor means whereby man can be saved only through the atoning blood of Jesus Christ v. 6
- ...remember that He cometh to redeem the world v. 6
- ...remember the words that Amulek spake unto Zeezrom...that he should not come to redeem them in their sins, but to redeem them from their sins. v. 10

“And they did remember his words; and therefore they went forth, keeping the commandments of God, to teach the word of God among all the people of Nephi” v.14

Such powerful counsel. If I were to put it into one statement, it would go like this.

***Remember who you are as a son or daughter of God. Remember to build your foundation upon Jesus Christ. Remember the importance of being born again. Remember that is only through Christ our Redeemer that we can be saved from our sins as we repent, keep the commandments, and fulfill our missionary purpose to invite others to Come unto Christ.***

The week following the mission tour conference with Elder and Sister Klebingat, I received over 180 letters! That is a record number, and I am grateful for the time so many of you took to share with me what you learned from the conference and what you will be placing on the altar because of the conference. As I read your letters, I copied the sections on your learnings and commitments into a Word document that is 33 pages long! This morning Sister Kunz went through the document and captured the most consistent offerings you have committed yourselves to. We thought you might be interested in the list. The first 10 items in bold were the ones mentioned most frequently.

- **Improve personal study, personal prayer and memorize scriptures**
- **Be honest in all doings and obey all rules**

- **Stand up for what is true and right**
- **Follow the schedule**
- **Listen only to mission approved music**
- **Stop communicating with other missionaries**
- **Be obedient to the 17 points of consecrated obedience**
- **Discover the joy of daily repentance**
- **Stop using the phone for non-missionary purposes**
- **Wake up at 6:30 am every morning**
- Staying with my companion except during authorized exchanges
- Practice greater humility with an increased willingness to change
- Get rid of pride and anger
- Exercise more complete faith and trust in the Lord
- Eliminate selfish desires, worldly desires, and old habits
- Serve God with all my heart
- Make sure my heart and thoughts are focused on being a missionary
- Proselyte on Monday
- Improve companionship unity and study
- Increase patience with myself, my companion, and those we teach
- Become a better guardian of the baptismal covenant
- Eliminate “natural man” negative and selfish desires and thoughts
- Exercise and practice greater charity with my companion, other missionaries, mission leaders, members, and those we teach
- Stop Murmuring
- Start listening more carefully for promptings as to not overrule the Spirit
- Eliminate my desires to seek popularity instead of God’s will
- Stop being lazy

It has been a marvelous two weeks since the mission conference. We have seen so many of you recommit yourselves to your missionary purpose. I have collected SIM cards and personal phones freely offered by missionaries who want to get more focused on their missionary purpose. I have received items purchased with sacred funds and I have had confidential discussions with some of you who have had things in your closet which were holding you back. I have heard from so many of you in interviews about areas in the 17 points where you are committed to improving. We are gratified by your desire to be more consecrated to your purpose and to the Ghana Kumasi Mission.

Since publishing the 17 points, members of the Mission Leadership Council have prepared a statement for each day focused on one of the points which have been sent each morning to your companionship WhatsApp account. We hope you are together reading and learning from them.

We want to encourage each of you to remember these things that you have learned and committed yourself to doing. Between now and the end of the year, we will receive less than 10 new missionaries into the mission. We are grateful for this season of relative stability as we fully and completely integrate these 17 points into everything we do. If we

were to rewrite the summary about remembering highlighted above in bold for the Ghana Kumasi Mission. It would go like this:

***Remember you are a son or daughter of God. Remember how you felt that day in zone conference with the Klebingat's. Remember the impressions of the spirit that you felt enter your heart that day. Remember your desire and commitment to change in order to place more of yourself on the altar of God. Remember to build a more solid foundation upon Jesus Christ. Remember that is only through Christ our Redeemer that you can be saved through powerful personal study, daily repentance, keeping the commandments and your covenants, and fulfilling your missionary purpose.***

All our love,

President & Sister Kunz